

Elderflower Cordial (End of May to mid-June)

1) Pick 20-30 Elderflower heads (the one's with buds are best)
2) Carefully rinse the heads, remove stalks whilst checking for bugs.
3) Dissolve 1.3kg sugar into 3 litres boiling water to make a syrup.
4) Allow to cool completely.
5) Add the Elderflowers, sliced lemons and 85g Citric Acid to the syrup.
6) Leave to steep for 48 hours, stirring occasionally.
7) Filter the mixture through a muslin lined sieve.
8) Using a funnel pour into sterilized glass bottles.
9) Dilute to taste, Keeps for 3-4 weeks in the fridge.

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Elderflower Cordial Ingredients

Makes 3 Litres



- 20-30 Elderflower heads
- 1.3 Kg Sugar
- 3 litres water
- 3 lemons (sliced)
- 85g Citric Acid

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